



The Food Co.

Corporate Café | Breakfast | Lunch | Afternoon tea

Breakfast

Continental bakery basket | £4.25 for two items

A selection of freshly baked breakfast pastries - croissants, almond croissant, pain au chocolat, pain au raisin

Selection of mini Danish pastries | £2.25 for two items

Both traditional and seasonal fruit pastries

All butter croissants with Guernsey butter & strawberry jam | £4.25 for two items

Open bagel selection | £3.25 for one item

Scottish smoked salmon, cream cheese and black pepper

Cream cheese, spring onion and marmite - you'll either love it or hate it!

Freshly baked filled croissants | £3.25 for one item

Honey glazed ham & Emmental cheese

Smoked salmon slithers & cream cheese

Smoked Bacon roll | £3.80 per round

Senners soft bap or baguette with smoked best back bacon

Served with tomato sauce / brown sauce

Locally made sausage roll | £3.95 per round

Senners soft bap or baguette with local pork sausage

Served with tomato sauce / brown sauce

Small Bacon/sausage roll | £2.95 per round

Bridge roll or small baguette with local pork sausage or bacon

Served with tomato sauce / brown sauce

Gluten free breads are available

Dietary Information

Vegetarian – V; Vegan – VG; Shellfish – SHF; Gluten Free - GF; Dairy free – DF; Contains nuts – N

Please do speak to us about any specific dietary requirements or allergies



Breakfast

Individual Fruit skewer (GF & DF) | £2.25 each
7 inch skewer of freshly cut seasonal & exotic fruit

Bowl of Natural Greek yogurt, fruit compote & muesli | £2.75 each

Individual Fruit Yogurt (GF) | £1.50 each

Whole Fruit Selection (Serves 4 – 2 pieces per person) (GF & DF) | £8.00

Breakfast | Hot drinks & juices

Locally roasted Bean 14 coffee in thermos cafetiere | £18.00
(Serves 8-10 people, decaffeinated available)

Freshly brewed English tea | £15.00
(Serves 8-10 people, decaffeinated and flavoured teas available)

1 litre of Premium Orange juice | £5.50

1 litre of Premium Pressed Apple juice | £5.50

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Lunchtime I Sandwiches & Finger food

Sandwiches

1 round of sandwiches on brown or white bread per person £3.25

Soft deli roll, tortilla wrap or demi-baguette £3.75

CHOOSE YOUR STANDARD FILLINGS :

Honey roast ham with homemade coleslaw
Free range egg mayonnaise and rocket (v)
Cream cheese and crisp salad (v)
Chicken, tarragon mayonnaise and mixed leaves
Sliced chicken and sage and onion stuffing
Smoked bacon with brie and cranberry
Homemade hummus with Guernsey leaf salad (v)
Goats cheese and roasted pepper (v)
Guernsey mature cheddar and tomato (v)

Tuna mayonnaise and cucumber
Home made chicken tikka
Classic BLT and creamy mayonnaise
Fresh salmon, cucumber and dill
Norwegian prawn marie rose
Buffalo mozzarella, pesto and tomato
Guernsey mature cheddar, and chutney (v)
Brie cranberry and rocket (v)
Tuna mayonnaise and red onion

GOURMET FILLINGS ----£1.50 extra

King prawn with lemon and herb mayonnaise
Surf and turf (roast beef and prawn marie rose)
Roast sirloin of beef and creamed horseradish

Picked Guernsey chancre crab
Smoked salmon and cream cheese



The Food Co.

LUNCH | Platters of sandwiches | Finger food | Sweet treats | Fruit

All menus are put together by our chefs, unless you would like choose for yourself?

The Sandwich platter | £3.25 each | Minimum order 4

A selection of freshly made sandwiches, (1 round per person), all lavishly filled with our seasonal selection of meat, fish and vegetarian fillings

The upper crust platter | £4.15 each | Minimum order 4

A selection of freshly sliced bread, wraps & soft roll (three pieces per person), all lavishly filled with our seasonal selection of meat, fish and vegetarian fillings

The working lunch | £9.25 each | Minimum order 4

A selection of freshly made sandwiches, (1.0 rounds / 4 quarters) all lavishly filled with our seasonal selection of meat, fish and vegetarian fillings, 3 items of finger food and seasonal fresh fruit skewers (1 per person)

The P.A.'s pick | £11.25 each | Minimum order 4

A selection of freshly made sandwiches, (1.0 rounds / 4 quarters) all lavishly filled with our seasonal selection of meat, fish and vegetarian fillings, 2 items of finger food, 1 tray bake & seasonal fresh fruit skewers (1 per person)

The 'luxe working lunch | £14.25 each | Minimum order 4

A selection of freshly sliced bread, wraps & soft roll (three pieces per person) all lavishly filled with our seasonal selection of meat, fish and vegetarian fillings, 3 items of finger food & fresh strawberries with chocolate dip/ cocktail dessert

Large bag hand cooked chips | £2.75 per bag



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LUNCH | Finger food

Each item is £2.00 or £9.75 for 5. All delivered and served cold.

Fantastic as an addition to your sandwiches or platters, simply select as you like!

Meat

Malaysian beef skewer (GF,DF, N)

Spicy chicken wings (GF)

Oriental chicken with sweet and sour sauce (GF)

Steak and red onion skewer with dolcelatte mayonnaise (GF)

Pulled pork croquettes (GF)

Spicy lamb samosa (DF)

Homemade "Porkies" sausage roll

Panko crusted Cajun spiced chicken fillet with aioli

Honey and mustard coated pommier sausages

Caramelised onion, ham & cheese tart

Fish

Smoked salmon and cucumber willow skewers (GF, DF)

Panko crusted crab & corn cakes

Roasted salmon brochette with watercress crème fraîche (GF)

Sesame and teriyaki salmon brochette (GF,N)

Peeled king prawns with aioli (GF, DF, SHF)

Smoked salmon blini with sour cream and chives

Vegetarian

Roasted pepper, red onion, oregano & garlic and goats cheese tartlet

Tortilla chips with spicy guacamole & sour cream

Chickpea falafel with yoghurt & cucumber dip

Boccocini and pesto tartlet

Mixed vegetable pakoras & mango chutney

Goat's cheese, courgette and caramelised onion tartlets

Rissole potato topped with sour cream and chives (GF)

Crisp vegetable crudités, with mini pitta & humus (GF, DF)

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GLOBAL FINGER FOOD | Platters

Each platter accompanied with 1 round of sandwiches

American influence platter - £13.95 each

Chipotle battered king prawns
Stuffed jalapeno's filled with cream cheese
Spiced sticky chicken wings
Pulled pork croquettes
Panko crumbed corn and crab cakes
Tortilla chips, guacamole and sour cream

Eastern spice platter - £14.45 each

Oriental chicken with sweet & sour relish
Crunch vegetable crudité with mini pitta & humus
Mixed vegetable pakora & mango chutney
Sesame & terryaki salmon brochette
Spicy lamb samosa
Chickpea falafel, yoghurt & cucumber dip

British Classics platter - £14.95 each

Smoked salmon blini, sour cream and chives
Steak & red onion skewer with a blue cheese mayonnaise
New potatoes, sour cream and chives
Caramelised onion, cheese & ham tartlet
Homemade 'Porkies' sausage rolls
Honey & mustard coated pommier sausages
Panko crumbed chicken goujons & aioli

Gluten Free platter - £15.75 each

Malaysian beef skewer
Crunch vegetable crudité with mini pitta & humus
Smoked salmon & cucumber skewers
Cheese and chive new potato rissole
Courgette & potato frittata
Oriental chicken with sweet chilli dip
Poached king prawn tail & aioli



ARTISAN DELI PLATTERS

Each Olive board platter serves 4 people | freshly baked breads & Guernsey butter

Vegetable Platter (DF) £24.00

Selection of roasted and marinated vegetables, with hummus, tatziki and olives

Meat platter (DF) £30.15

A selection of smoked, cured and roasted meats, with dips and pickles

Cheese Platter £33.00

Selection of English and continental cheeses with chutneys and pickles

Fish and seafood platter (SHF, GF) £52.00

Selection of smoked fish; salmon, peppered mackerel, tiger prawns, picked Guernsey crabmeat, dips and accompaniments

½ picked lobster to accompany you seafood platter

Market £POA

Local mixed leaves, spring onion & basil pesto salad (Serves 4) £8.00

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LUNCH | Sweet treats

Sweet bites – A fantastic way to finish your meal! | £2.25 per item

Duo of mini double chocolate & blueberry muffins
Selection of cocktail desserts
Mini citron and blueberry tartlets
Mini ring doughnuts
Chocolate choux buns
Assorted macaroons
Assorted tray bake - chocolate brownie, carrot cake,
Lemon and drizzle cake
Individual fruit skewer

Gluten free breads and dairy free dressings available on request

Sliced Fruit platter | £2.95 per portion
Served with Greek yoghurt & honey

Fresh strawberries with Guernsey Cream and chocolate dip | £4.95 per person

Whole Cakes - Carrot cake | Victoria sponge | Chocolate Fudge | (16 slices) £35.00

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AFTERNOON TEA

Classic cream tea | £4.95

Fruit scone with strawberry jam, butter and Guernsey cream

Traditional afternoon tea | £15.25

A selection of finger sandwiches,

Fruit scone with strawberry jam, butter & Guernsey cream

A selection of afternoon goodies, cakes and treats.

Freshly brewed Bean 14 coffee and a selection of freshly brewed tea and herbal infusions

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